TRACK OF THE RIGAU
Recommended to spend half day (morning preferably) and have lunch there

Depart from the Main Square (Plaza Mayor) of *Benasque*. Cross the *Ésera* river and continue to your right. The path to be followed is a wide one always on the right of the river. Leave a bridge on your right, cross the *Someres* ravine a bit later and you will get to the *Es Padellases* spring. The track goes through *Es Sacs*, narrows and finally gets to the *Ruda Power Station*. Turn right and cross a concrete river till you get to a crossroad. If you turn left you will get to the *Estós* refuges and the *Renclusa*. If you take it to the right, you will go back to *Benàs*.