Difficult Hiking route

The Estós Pass

At the head of the Estos Valley there is a Pass of the same name. Its top, at 2.592 m. is not so high but the climb to it is beautiful with alpine forests, tarns, meadows and glaciers, right in the middle of the Natural Park of Posets-Maladeta .

ROUTE

Leaving your car in the car park at the entrance to the valley take the well marked GR 11 path about 40 minutes to the Cabin of Santa Ana.

The same path leads you after about 25 minutes to a fork. The left fork goes to the Batiselles lakes and the right fork, the one you must take, to the Estos Valley. The route crosses various streams and climbs gently until, after a short time, you'll see the Tormo waterfall on the river Estos.

From here, the path climbs up through the valley until it reaches the refuge de Estós at 1.890 meters. From here follow the GR 11, and in two hours you will get to the Estos Pass which separates the Benasque Valley in Ribagorza and the Gistaín Valley in .Sobrarbe

DETAILS

- Location: Valle de Benasque
- Climbing time: 4 hours 30 minutes
- Descent time: 3 hours 30 minutes
- Recommended dates: any
- Difficulty: No special difficulty as it is part of the GR 11 trekking route. Be equipped for snow if you go in winter.
- Level: Experienced climbers and trekkers.
- Starting point: Car park, entrance to Estos valley at the end of the road leading to the Benasque valley (1.350 m.)
- Peak: Estós Pass (2.592 metres)
- Maps: PRAMES: Valley of Estós, Benasque PR (shorter routes), and Posets park - Maladeta; Alpine: Posets - Benasque; I.G.N. and military geog. service: Map N147-148-180

Further information:

Oficina de Información Excursionista de Benasque. Avenida de Francia s/n (opposite El Pilar Hotel, Benasque). Only open in summer.

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