

2. Valle de Estós

'BALL DE LLITEROLA' (LLITEROLA VALLEY)

Recommended to spend half day (morning).

The departure point is the *Baños de Benasque* (Thermal Baths). Cross the main road river and you will find a silverfir wood. After 25 minutes you will get to the *Plleta del Llozero*. Follow the open track on the right of the valley. After a hard steep incline, keep going to the bottom of the valley until you get to the refuge and the *Plleta de Lliterola* after 1 hour. The altitude there is 2,015 m.

From that point, if you follow the ravine to the right, in 1 hour you will get to the *Ibonet de Lliterola* (2,460 m.) where you will find a very inclined slope that will take you to the *Ibón Blanco* (2,730 m. high).