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# Cosmology



### **Cosmology:**

"Study of the origin, evolution, and fate of the Universe on large scales"

- Extreme physical systems (large scales, high-energies)
- Fundamental physics problems:\* Dark matter
  - \* Dark energy
  - \* Inflation
- Data-driven science since ~2000 Confronted with astrophysical questions more and more often. We dabble in astrophysics!

# Cosmology

### Lesson 1: background cosmology and Newtonian perturbations

- a) **Homogeneous cosmology.** The FRW metric. Distances and redshift. The Friedman Equation.
- b) **Newtonian perturbations.** The perturbation equations. Linear theory. Jeans equation and growth.
- c) **Relativistic perturbations.** Gauge-invariant PT. Hydrodynamic perturbations. Qualitative behavior.

## Lesson 2: Inflation

- a) Inflation. The curvature and horizon problems. Scalar fields. Slow roll.
- b) **Perturbations from inflation.** Inflationary PT. Random fields. The primordial power spectrum.

### Lesson 3: cosmological probes of structure

- a) The CMB. Recombination. Temperature anisotropies. Scattering and polarization.
- b) The matter power spectrum. The linear power spectrum. Non-linearities
- c) Gravitational lensing. Geodesics. Galaxy lensing. CMB lensing.

Lecture notes: https://www.overleaf.com/read/gdndjchkksnq Books:

- Mukhanov: "Physical foundations of cosmology"
- Dodelson: "Modern cosmology"
- Mo, van den Bosch & White: "Galaxy formation and evolution"

# Outline

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"On sufficiently large scales, the Universe is homogeneous and isotropic"



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In math: on large scales the Universe has maximally-symmetric time slices.

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Proof: Weinberg "Gravitation and Cosmology"

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$$\frac{\sin(\chi)}{\left[ k + \frac{1}{2}\sin(\sqrt{k\chi}) - k > 0 - \frac{\chi}{k} \right]}{\left[ k + \frac{1}{2}\sin(\sqrt{-k\chi}) - k < 0 - \frac{1}{2} - \frac{1}{2}\sin(\sqrt{-k\chi}) - k < 0 - \frac{1}{2} - \frac{1}{2} - \frac{1}{2}\sin(\sqrt{-k\chi}) - \frac{1}{2} - \frac$$

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Using comoving coordinates:

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$$d\tau^{2} = dt^{2} - a^{2}(t) \left[ d\chi^{2} + \chi^{2} (d\theta^{2} + \sin^{2}\theta \, d\varphi^{2}) \right]$$

Scale factor

Radial comoving distance

#### The cosmological principle:

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Using comoving coordinates: 
$$d\tau^2 = dt^2 - a^2(t) |d\mathbf{x}|^2$$

 $d\eta$ 

$$d\tau^{2} = dt^{2} - a^{2}(t) \left[ d\chi^{2} + \chi^{2} (d\theta^{2} + \sin^{2}\theta \, d\varphi^{2}) \right]$$
$$d\tau^{2} = a^{2}(\eta) \left( d\eta^{2} - |d\mathbf{x}|^{2} \right).$$
$$\dot{a} \equiv \frac{da}{dt}, \quad a' \equiv \frac{da}{dn} \qquad \text{Conformal time}$$

### Photon propagation in an expanding Universe.

Geodesic equation:

$$\frac{dp^{\mu}}{d\lambda} + \Gamma^{\mu}_{\nu\sigma} p^{\nu} p^{\sigma} = 0 \qquad p^{\mu} \equiv \frac{dx^{\mu}}{d\lambda}$$

1 11

For  $\mu$ =0:  $\frac{dp^0}{d\lambda} \left(\frac{dt}{d\lambda}\right) = -a\dot{a} \left(p^{\chi}\right)^2$ 

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For photons d $au^2$ =0, which implies:  $p^0=ap^{\chi}$ 

Therefore:  $\frac{dp^0}{d\lambda} = -Hp^0\frac{dt}{d\lambda}, \qquad H \equiv \frac{\dot{a}}{d\lambda}$ 

Integrating:

$$a\lambda \qquad a\lambda \\ p^0 \propto \nu \propto a^{-1}$$



### Photon propagation in an expanding Universe.

Geodesic equation:

$$\frac{dp^{\mu}}{d\lambda} + \Gamma^{\mu}_{\nu\sigma} p^{\nu} p^{\sigma} = 0$$

$$dp^{0} \left( dt \right) \qquad \sin \left( m^{\chi} \right)^{2}$$

$$p^{\mu} \equiv \frac{dx^{\mu}}{d\lambda}$$

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Therefore:

 $\frac{dp^0}{d\lambda} = -Hp^0\frac{dt}{d\lambda}, \quad \left(H \equiv \frac{a}{a}\right)$ Integrating:  $p^0 \propto \nu \propto a^{-1}$ Expansion rate



Defining redshift:

Radial photon geodesics:



$$ds^2 = 0 \longrightarrow \chi = \int \frac{dt}{a} = \int_0^z \frac{dz}{H(z)}$$

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Standard rulers:



$$\delta s = d_A \,\delta \theta \ \to \ d_A(z) = \frac{\chi(z)}{1+z}$$

Radial photon geodesics:

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Standard rulers:



Ideal fluid

**uid:** 
$$T_{\mu\nu} = (\rho + p)U_{\mu}U_{\nu} - pg_{\mu\nu},$$
  $G_{\mu\nu} = 8\pi G T_{\mu\nu}$   
Fluid velocity. In comoving coords:  $U_{\mu} = (1, 0, 0, 0)$   
Pressure in comoving frame:  $p = \frac{T_{\mu\nu}}{3} [U^{\mu}U^{\nu} - g^{\mu\nu}]$   
Energy density in comoving frame:  $\rho \equiv T_{\mu\nu}U^{\mu}U^{\nu}$ 

In comoving coords:  $T^{\mu}_{\nu} = \operatorname{diag}(\rho, -p, -p, -p)$ 

Discards heat conduction, shear and bulk viscosity.

iid: 
$$T_{\mu\nu} = (\rho + p)U_{\mu}U_{\nu} - pg_{\mu\nu},$$

$$G_{\mu\nu} = 8\pi G T_{\mu\nu}$$

#### **Energy-momentum conservation:**

$$\nabla_{\mu}T^{\mu}_{\nu} = 0$$

- Holds for any non-interacting species -
- And for the overall fluid -
- With v=0, energy conservation \_\_\_\_\_  $\dot{\rho} + 3H(\rho + p) = 0$

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Equation of state:

$$p = w\rho \rightarrow \rho(t) = \rho_0 a^{-3(1+w)}$$

**d:** 
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dilution

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### Equation of state:

$$p = w\rho \rightarrow \rho(t) = \rho_0 a^{-3(1+w)}$$

- Relativistic matter (radiation):  $w_R$

$$= 1/3 \rightarrow \rho_R \propto a^{-4}$$
  $\leftarrow$  dilution + redshifting

- Cosmological constant (vacuum):  $ho_{\Lambda} = {
m const.} 
ightarrow w_{\Lambda} = -1$ 

d: 
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$$\rho = w\rho \rightarrow \rho(t) = \rho_0 a^{-3(1+w)}$$

- Non-relativistic matter (dust):  $w_M = 0 \rightarrow \rho_M \propto a^{-3}$
- Relativistic matter (radiation):  $w_R = 1/3$
- Cosmological constant (vacuum):  $ho_\Lambda = {
  m const.} 
  ightarrow w_\Lambda = -1$

#### Natural scenario:

- R dominates at early times
- Then M takes over
- Finally *A* dominates over everything else.

The (0,0) component of the Einstein equations yields the **1st Friedmann eq.**:



$$G_{\mu\nu} = 8\pi G T_{\mu\nu}$$

- Equation analogous to expansion of a gas in Newtonian gravity.

- Expansion (or "Hubble") rate:  $H \equiv \frac{\dot{a}}{c}$ 

Later we will also use:  $\mathcal{H} \equiv \frac{a'}{a} = aH$ 

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- Using energy conservation, Friedman eq. reads:

$$H^{2} = H_{0}^{2} \sum_{i} \Omega_{i} (1+z)^{3(1+w_{i})}$$

"de-Sitter" Universe

- Specific solutions: Radiation domination:  $a \propto t^{1/2} \propto \eta$ Matter domination:  $a \propto t^{2/3} \propto \eta^2$ Dark-energy domination:  $a \propto e^{Ht}$ 

The spatial components lead to **2<sup>nd</sup> Friedmann eq.**:

$$G_{\mu\nu} = 8\pi G T_{\mu\nu}$$

$$\frac{\ddot{a}}{a} = -\frac{4\pi G}{3}(\rho + 3p)$$

- Not independent of 1<sup>st</sup> Eq. + conservation of energy.
- Interesting consequence:  $w < -1/3 \rightarrow \ddot{a} > 0$

### Background cosmology data:

- BAO (standard ruler)
- SNe (standard candles)
- BBN (baryon abundance)
- T<sub>CMB</sub> (from CMB spectrum)

$$\Omega_M \sim 0.3, \ \Omega_\Lambda \sim 0.7, \ \Omega_b \sim 0.05$$
  
 $\Omega_R \sim 8 \times 10^{-5}, \ \Omega_k \le 10^{-3}, \ H_0 \sim 70 \,\mathrm{km/s/Mpc}$ 







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Credit: Zhao et al. 2012



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### Newtonian perturbation theory:

- Simplified treatment that forgoes all complications associated with GR.
- Idea: perturbations in non-relativistic fluid in an expanding background.
- Not valid when
  - Perturbations in relativistic fluid (e.g. radiation at early times).
  - Scales comparable to the horizon.
- Good approximation when studying structure at late times on most scales!

Newtonian fluid characterised by a density  $\rho(\mathbf{r},t)$  and velocity field  $\mathbf{V}(\mathbf{r},t)$  in Eulerian coordinates  $\mathbf{r}$ .

Evolution governed by 2 equations of motion:

- Conservation of mass (continuity eq.):

$$\begin{array}{ll} \text{law (Continuity eq.):} & \partial_t \rho + \nabla_r \cdot (\rho \mathbf{V}) = 0 \\ \text{law (Euler eq.):} & \partial_t \mathbf{V} + (\mathbf{V} \cdot \nabla_r) \mathbf{V} + \frac{\nabla_r p}{\rho} + \nabla_r \Psi = 0 \end{array}$$

- 2nd Newton's law (Euler eq.):

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Relation between density and gravity (Poisson's eq.):

$$\nabla_{\mathbf{r}}^2 \Psi = 4\pi G\rho.$$
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Relation between density and gravity (Poisson's eq.):

$$\nabla_{\mathbf{r}}^2 \Psi = 4\pi G\rho.$$

Relation between pressure and density (eq. of state):

$$w\equiv p/
ho, \ c_s^2\equiv dp/d
ho$$
 Sound

speed

#### Introducing background expansion:

1. Change to comoving coordinates

$$\mathbf{r} = a(t)\mathbf{x}, \quad \nabla_r = a^{-1}\nabla_x, \quad \partial_t|_r = \partial_t|_x - H\mathbf{x} \cdot \nabla_x$$

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2. Split fields into background and perturbations:

$$\rho(\mathbf{x},t) = \bar{\rho}(t) \left[1 + \delta(\mathbf{x},t)\right], \quad \mathbf{V}(\mathbf{x},t) = \dot{a}\mathbf{x} + \mathbf{v}$$
$$\Psi = \bar{\Psi} + \psi(\mathbf{x},t), \quad p = \bar{p}(t) + c_s^2 \bar{\rho}(t) \delta(\mathbf{x},t)$$

Background follows Friedmann eqs.

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Background follows Friedmann eqs.

3. Substitute and isolate contribution from perturbations:

$$\dot{\delta} + a^{-1}\nabla \cdot ((1+\delta)\mathbf{v}) = 0$$
$$\dot{\mathbf{v}} + H\mathbf{v} + \frac{c_s^2}{a}\nabla\delta + \frac{1}{a}\nabla\psi = 0$$
$$\nabla^2\psi = 4\pi G a^2 \bar{\rho}\delta$$

In comoving coords we can now take advantage of translational invariance. Fourier transform:

$$f_{\mathbf{k}}(t) \equiv \int d^3x \, e^{-i\mathbf{k}\cdot\mathbf{x}} f(\mathbf{x},t), \quad f(\mathbf{x},t) = \int \frac{d^3k}{(2\pi)^3} e^{i\mathbf{k}\cdot\mathbf{x}} f_{\mathbf{k}}(t)$$

Makes gradients easier:

$$\nabla f(\mathbf{x},t) \rightarrow i\mathbf{k}f(\mathbf{k},t)$$

Consider small perturbations and linearise. Keep only terms linear in  $\delta$ , **v**, and  $\phi$ 

$$\dot{\delta}_{\mathbf{k}} + \frac{i}{a} \mathbf{k} \cdot \mathbf{v}_{\mathbf{k}} = 0$$
  
$$\dot{\mathbf{v}}_{\mathbf{k}} + H \mathbf{v}_{\mathbf{k}} + \frac{i}{a} \mathbf{k} \left[ c_s^2 \delta_{\mathbf{k}} + \psi_{\mathbf{k}} \right] = 0$$
  
$$k^2 \psi_{\mathbf{k}} = -4\pi G a^2 \bar{\rho} \delta_{\mathbf{k}}$$

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#### Vorticity

Split Euler equation into longitudinal and transverse modes:

$$\mathbf{v}_{\mathbf{k}} = v_{\parallel} \hat{\mathbf{k}} + \mathbf{v}_{\perp}, \ \hat{\mathbf{k}} \cdot \mathbf{v}_{\perp} = 0$$
  
Gradient-like Curl-like

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We can disregard transverse modes and focus only on  $v_{\parallel}$  Non-linear evolution will create vorticity.

#### Jeans equation

Take divergence of Euler eq. and substitute Poisson eq.

$$\dot{\delta}_{\mathbf{k}} + \frac{i}{a} \mathbf{k} \cdot \mathbf{v}_{\mathbf{k}} = 0$$
  
$$\dot{\mathbf{v}}_{\mathbf{k}} + H \mathbf{v}_{\mathbf{k}} + \frac{i}{a} \mathbf{k} \left[ c_s^2 \delta_{\mathbf{k}} + \psi_{\mathbf{k}} \right] = 0$$
  
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#### Jeans equation

Take divergence of Euler eq. and substitute Poisson eq.

$$\dot{\delta}_{\mathbf{k}} + \frac{1}{a}\theta_{\mathbf{k}} = 0$$
  
$$\dot{\theta}_{\mathbf{k}} + H\theta_{\mathbf{k}} + \frac{1}{a} \left[ 4\pi G a^2 \bar{\rho} - c_s^2 k^2 \right] \delta_{\mathbf{k}} = 0$$

#### Jeans equation

Take divergence of Euler eq. and substitute Poisson eq.

$$\begin{pmatrix} \dot{\delta}_{\mathbf{k}} + \frac{1}{a}\theta_{\mathbf{k}} = 0 \\ \dot{\theta}_{\mathbf{k}} + H\theta_{\mathbf{k}} + \frac{1}{a} \left[ 4\pi G a^2 \bar{\rho} - c_s^2 k^2 \right] \delta_{\mathbf{k}} = 0 \\ \end{pmatrix}$$

Finally, sub in continuity eq.

#### Jeans equation

Take divergence of Euler eq. and substitute Poisson eq., sub in continuity eq.

$$\ddot{\delta}_{\mathbf{k}} + 2H\dot{\delta}_{\mathbf{k}} + \frac{c_s^2}{a^2} \left(k^2 - k_J^2\right)\delta = 0$$

Jeans scale  $k_J \equiv \frac{a}{c_s} \sqrt{4\pi G\bar{\rho}}$  separates behaviour into two regimes: 1. Small scales (k >> k<sub>J</sub>)  $\ddot{\delta}_{\mathbf{k}} + 2H\dot{\delta}_{\mathbf{k}} + \frac{c_s^2}{a^2}k^2\delta_{\mathbf{k}} = 0$ ?? 22

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**Damped Oscillations** 

$$\delta_{\mathbf{k}} \propto \frac{1}{\sqrt{c_s a}} \exp\left[\pm ik \int \frac{dt}{a} c_s\right]$$

Remember this!!

Pressure waves!

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$$\delta_{\mathbf{k}} \propto \frac{1}{\sqrt{c_s a}} \exp\left[\pm ik \int \frac{dt}{a} c_s\right]$$

2. Large scales or pressureless: 
$$\frac{d}{da}\left(a^{3}H\frac{d\delta}{da}\right) = \frac{3}{2}\Omega_{M}(a) a H(a) \delta$$

Scale-independent growth!

Solutions in the form: 
$$\delta(\mathbf{k},t) = \delta_+(\mathbf{k})D_+(a) + \delta_-(\mathbf{k})D_-(a)$$
  
Growing mode Decaying mode

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Take divergence of Euler eq. and substitute Poisson eq., sub in continuity eq.

$$\ddot{\delta}_{\mathbf{k}} + 2H\dot{\delta}_{\mathbf{k}} + \frac{c_s^2}{a^2} \left(k^2 - k_J^2\right)\delta = 0$$

<u>Jeans scale</u>  $k_J \equiv \frac{a}{c_s} \sqrt{4\pi G \bar{\rho}}$  separates behaviour into two regimes: 1. Small scales (k >> k<sub>J</sub>)  $\delta_{\mathbf{k}} \propto \frac{1}{\sqrt{c_s a}} \exp\left[\pm ik \int \frac{dt}{a} c_s\right]$ 

2. Large scales or pressureless: 
$$\frac{d}{da}\left(a^{3}H\frac{d\delta}{da}\right) = \frac{3}{2}\Omega_{M}(a) a H(a) \delta$$

Scale-independent growth!

Solutions in the form: 
$$\delta(\mathbf{k},t) = \delta_{+}(\mathbf{k})D_{+}(a) + \delta_{-}(\mathbf{k})D_{-}(a)$$
  
Growing mode Decaying mode

#### Jeans equation

Examples:

1. Matter domination: 
$$\frac{d^2\delta}{da^2} + \frac{3}{2a}\frac{d\delta}{da} - \frac{3}{2a^2}\delta = 0$$

Solution:

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- 3. Radiation domination (Meszaros solution):

$$\delta \propto \begin{cases} A + B \log a & a \ll a_{eq} \\ a & a \gg a_{eq}, \end{cases} \qquad \delta \text{ also stalls}$$



Gravitational potential decays at early and late times, and stays constant during matter domination.

# Outline

Lesson 1: background cosmology and Newtonian perturbations

- a) Homogeneous cosmology. The FRW metric. Distances and redshift. The Friedman Equation.
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- c) **Relativistic perturbations.** Gauge-invariant PT. Hydrodynamic perturbations. Qualitative behavior.

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Result: 6 real perturbative d.o.f.s

- 2 scalar
- 2 vector
- 2 tensor

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#### The conformal Newtonian gauge

With a wise choice of coordinates, we can express general scalar perturbations as:

$$d\tau^{2} = a^{2} \left[ (1+2\psi)d\eta^{2} - (1-2\phi)|d\mathbf{x}|^{2} \right]$$

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- Multitude of other gauges out there. Simpler equations for specific cases.
- Einstein's equations for these perturbations:
  - a) Linearised!
  - b) Even so, tedious calculation. Worth doing at least once in your life!

#### The conformal Newtonian gauge

The result is:

$$\nabla^2 \phi - 3\mathcal{H}(\phi' + \mathcal{H}\psi) = 4\pi G a^2 \,\delta T_0^0,$$
  

$$\partial_i (\phi' + \mathcal{H}\psi) = 4\pi G a^2 \,\delta T_i^0,$$
  

$$\phi'' + \mathcal{H}(2\phi + \psi)' + (2\mathcal{H}' + \mathcal{H}^2)\psi + \frac{1}{3}\nabla^2(\psi - \phi) = -\frac{4\pi}{3}G a^2 \,\delta T_i^i,$$
  

$$\partial_i \partial_j (\psi - \phi) = 8\pi G a^2 \,\delta T_j^i \ (i \neq j).$$

#### The conformal Newtonian gauge

Finding Einstein's equations for a perturbed FRW is lengthy (but worth doing once in your life!). The result is:

$$\nabla^{2}\phi - 3\mathcal{H}(\phi' + \mathcal{H}\psi) = 4\pi Ga^{2} \,\delta T_{0}^{0},$$
  

$$\partial_{i}(\phi' + \mathcal{H}\psi) = 4\pi Ga^{2} \,\delta T_{i}^{0},$$
  

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$$\partial_{i}\partial_{j}(\psi - \phi) = 8\pi Ga^{2} \,\delta T_{j}^{i} \quad (i \neq j).$$

This looks like Poisson's equation + relativistic corrections.

If  $T_{ii}$  is diagonal,  $\phi = \psi$ 

Perturbing 
$$T_{\mu\nu}$$
  $T_{\mu\nu} = (\rho + p)U_{\mu}U_{\nu} - pg_{\mu\nu}$ ,

In the background  $U_{\mu} = (1, 0, 0, 0)$ 

A spatial component will be already a perturbation. The time component is fixed by normalisation:

$$U^{\mu} = \frac{1}{a}(1 - \psi, \mathbf{v})$$
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This yields:

$$\delta T_0^0 = \bar{\rho}\delta, \ \delta T_i^0 = (\bar{\rho} + \bar{p})v_i, \ T_j^i = -\bar{\rho}c_s^2\delta\,\delta_j^i$$

where **v** is a pure gradient.

Diagonal!  $\psi = \phi$ 

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where **v** is a pure gradient.

Back to Einstein eq. and into Fourier space:

$$k^{2}\psi + 3\mathcal{H}(\psi' + \mathcal{H}\psi) = -4\pi Ga^{2} \bar{\rho} \delta,$$
  

$$k^{2}(\psi' + \mathcal{H}\psi) = 4\pi Ga^{2} (\bar{\rho} + \bar{p})\theta, \quad \longleftarrow \quad \theta_{\mathbf{k}} \equiv i\mathbf{k} \cdot \mathbf{v}_{\mathbf{k}}$$
  

$$\psi'' + 3\mathcal{H}\psi' + (2\mathcal{H}' + \mathcal{H}^{2})\psi = 4\pi Ga^{2} c_{s}^{2} \bar{\rho} \delta,$$

#### **Example: Einstein deSitter**

Matter domination:  $c_s^2 = 0$ ,  $a \propto \eta^2$ ,  $\mathcal{H} = 2/\eta$ 

$$k^{2}\psi + 3\mathcal{H}(\psi' + \mathcal{H}\psi) = -4\pi Ga^{2} \bar{\rho} \delta,$$
  

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Scale-independent growth

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$$\begin{split} k^{2}\psi + 3\mathcal{H}(\psi' + \mathcal{H}\psi) &= -4\pi Ga^{2}\,\bar{\rho}\,\delta, \\ k^{2}(\psi' + \mathcal{H}\psi) &= 4\pi Ga^{2}\,(\bar{\rho} + \bar{p})\theta, \\ \psi'' + 3\mathcal{H}\psi' + (2\mathcal{H}' + \mathcal{H}^{2})\psi &= 4\pi Ga^{2}\,c_{s}^{2}\bar{\rho}\,\delta, \end{split} \qquad \qquad \text{Scale-independent growth}$$

$$\psi'' + \frac{6}{\eta}\psi' = 0, \quad \rightarrow \quad \psi = C_1 + \frac{C_2}{\eta^5}$$

Potential stays constant (as we found in Newtonian case)

#### **Example: Einstein deSitter**

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$$\psi'' + \frac{6}{\eta}\psi' = 0, \quad \rightarrow \quad \psi = C_1 + \frac{C_2}{\eta^5}$$
$$\delta_{\mathbf{k}} = \begin{bmatrix} -\frac{(k\eta)^2}{6} - 2 \end{bmatrix} \psi_{\mathbf{k}}$$
$$\int_{\mathbf{k}} \delta \text{ grows like } \mathbf{a} \text{ (as in Newtonian PT)}$$

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$$\delta_{\mathbf{k}} = \begin{bmatrix} -\frac{(k\eta)^2}{6} & 2 \end{bmatrix} \psi_{\mathbf{k}}$$
These actually depend on the gauge!
$$k_H \sim 1/\eta \sim \mathcal{H}$$

$$\delta \text{ grows like } \mathbf{a} \text{ (as in Newtonian PT) + relativistic horizon-sized correction}$$

**General behavior** 

$$\psi(k,\eta) = \begin{cases} f(\eta) & k \ll 1/(c_s\eta) \\ g(\eta)e^{ic_sk\eta} & k \gg 1/(c_s\eta) \end{cases}$$

Where:

- $C_s \eta \sim \text{sound horizon} \sim \text{horizon}$  (e.g.  $c_s^2 = \frac{1}{3}$  for radiation).
- $f(\eta)$  is a slowly-varying (almost constant) function
- $g(\eta)$  is a decaying amplitude



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Note that  $\psi$  may vary on large scales in between epochs (e.g. radiation to matter domination).



 $\eta$ 

#### **General behavior**

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Note that  $\psi$  may vary on large scales in between epochs (e.g. radiation to matter domination).

However, the following quantity ("curvature perturbation"), is always constant on superhorizon modes:

$$\mathcal{R} \equiv -\psi - \frac{\mathcal{H}(\psi' + \mathcal{H}\psi)}{4\pi Ga^2(\bar{\rho} + \bar{p})}$$

#### **Energy-momentum conservation**

In the presence of perturbations,  $\nabla_{\mu}T^{\mu}_{\nu} = 0$  yields  $\nu = 0: \quad \delta' = -(1+w)(\theta - 3\phi') - 3\mathcal{H}(c_s^2 - w)\delta,$   $\nu = i: \quad \theta' = -\mathcal{H}(1 - 3w)\theta - \frac{w'}{1+w}\theta + \frac{c_s^2}{1+w}k^2\delta + k^2\psi.$ Relativistic Euler eq.

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**Reminder:** these hold for the total  $T_{uv}$ , or for each independent component.

- When applied to the total fluid, these do not contain more information than the Einstein eqs.
- Additional information when applied to independent species.
- In the presence of interactions, momentum transfer terms must be added. (E.g. radiation-baryons before decoupling).

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### Why inflation?

The hot Big-Bang model (radiation domination at early times) predicts a singularity in the past. This is problematic when confronted with observations.



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Firstly, the causal horizon is finite!

$$\chi_H(t) = \int_0^t \frac{dt'}{a(t')}$$

The lower limit converges if  $a \propto t^{\alpha}$  with  $\alpha$ <1. During radiation domination  $\alpha$ =1/2.

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However, the distance to the last-scattering surface is:

$$\chi_{\rm LSS} = \int_0^{z_d} \frac{dz'}{H(z')} \simeq 14 \,\rm{Gpc}$$



So the horizon subtends an angle:

$$\theta_H = \chi_H / \chi_{\rm LSS} \sim 1^\circ$$

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 $\theta_H = \chi_H / \chi_{\rm LSS} \sim 1^\circ$ 

Why do so many causally disconnected patches have the same temperature (within 10<sup>-5</sup>)?



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We can solve this if there was an epoch before rad. dom. with  $a \propto t^{\alpha}$  and  $\alpha$ >1.

But  $\alpha$ >1 means <u>acceleration</u>! This violates the Strong Energy Principle, and involves some exotic fluid. <u>Can we find more justification</u> for something this bizarre?

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The hot Big-Bang model (radiation domination at early times) predicts a singularity in the past. This is problematic when confronted with observations.

Firstly, the causal horizon is finite!

Secondly, the Universe is very flat!

$$\Omega_k(t) = \frac{k}{(aH)^2} = \frac{k}{\dot{a}^2}$$

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Inflation ( $\ddot{a} > 0$ ) at early times) can therefore solve the horizon and curvature problems!

To solve them, the scale factor must expand by

$$\frac{a_{\rm end}}{a_{\rm start}}\gtrsim e^{60}$$

How inflation?

The simplest accelerating model we've seen is a cosmological constant (de-Sitter universe)



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However, once vacuum dominates, it dominates forever. We need a "graceful exit"



#### Scalar fields

Next simplest model is a scalar field

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Dynamics in an expanding Universe:

$$\ddot{\varphi} + 3H\dot{\varphi} + V' = 0$$
Klein-Gordon equation
$$H^{2} = \frac{8\pi G}{3} \left[ \frac{1}{2} \dot{\varphi}^{2} + V \right]$$
Friedmann equation

The slow-roll picture



The slow-roll picture



The slow-roll picture



#### The slow-roll math

A successful inflaton model must achieve:

 $\dot{\varphi}_{\,\star}^2 \!\ll V$ So we get acceleration

 $\left|\ddot{\varphi}\right| \ll 3H\dot{\varphi}$ So inflation can last

#### The slow-roll math

A successful inflaton model must achieve:  $\dot{\varphi}^2 \ll V \qquad \qquad |\ddot{\varphi}| \ll 3H\dot{\varphi}$ So we get acceleration It is common to define two parameters:  $\varepsilon = -\frac{\dot{H}}{H^2} = 1 - \frac{\ddot{a}a}{\dot{a}^2} \ll 1, \quad \eta = \frac{d\log\varepsilon}{d\log a} \ll 1$ 

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A successful inflaton model must achieve:



These can be related to model properties

$$\varepsilon = 3 \frac{\dot{\varphi}^2/2}{\dot{\varphi}^2/2 + V} \simeq \frac{M_{\rm Pl}}{2} \left(\frac{V'}{V}\right)^2, \quad \eta = 2\epsilon - \frac{2\ddot{\varphi}}{H\dot{\varphi}} \simeq M_{\rm Pl}^2 \frac{V''}{V},$$
#### The slow-roll math

A successful inflaton model must achieve:  $\dot{\varphi}_{\_}^2 \ll V$ 

So we get acceleration

In this approximation:

$$3\dot{\varphi} = -\frac{1}{H}V', \quad H^2 = \frac{8\pi G}{3}V$$



#### The slow-roll math

Example: quadratic potential (massive scalar field)



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$$V(\varphi) = \frac{1}{2}m^2\varphi^2$$

In slow-roll regime, Friedmann equation and K-G equation read:

$$\dot{\varphi} = -\frac{1}{H}V', \quad H^2 = \frac{8\pi G}{3}V$$
  
$$\dot{\varphi} = -\frac{m^2}{3q} \qquad \qquad H = q\varphi, \quad q^2 \equiv \frac{1}{6}\frac{m^2}{M_{\rm Pl}^2}$$

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```
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#### The slow-roll math

Example: quadratic potential (massive scalar field)

$$\varphi(t) = \varphi_i - \frac{m^2}{3q}t,$$
$$\log\left(\frac{a(t)}{a_i}\right) = 2\pi G\varphi_i^2 - \frac{m^2}{6}\left(t - \frac{3q\varphi_i^2}{m^2}\right)^2$$

Inflation ends when  $\dot{\varphi}^2/2 \sim V$ 

At which point:

$$\log(a_e/a_i) = \left(\frac{\varphi_i}{2M_{\rm Pl}}\right)^2$$

Since we want this to be  $\sim$ 60, the field must start at high, Planckian values.

$$V(\varphi) = \frac{1}{2}m^2\varphi^2$$



### Graceful exit, reheating

When the field reaches the minimum:

$$\ddot{\varphi} + 3H\dot{\varphi} + m^2\varphi = 0$$

$$\downarrow$$

$$\varphi \propto \cos(mt + \alpha)$$



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Field behaves like presureless fluid:  $a \propto t^{2/2}$ 

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Field behaves like presureless fluid:  $a \propto t^2$ 

Through couplings, inflaton energy transfers to other fields, eventually generating SM particles (reheating).

### Outline

Lesson 1: background cosmology and Newtonian perturbations

- a) **Homogeneous cosmology.** The FRW metric. Distances and redshift. The Friedman Equation.
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- a) Inflation. The curvature and horizon problems. Scalar fields. Slow roll.
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### Quantum fluctuations and the hubble scale

Inflation provides a natural way to generate the initial metric fluctuations. The key fact is that the *comoving Hubble scale* (aH)<sup>-1</sup> shrinks dramatically during inflation:



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Inflation provides a natural way to generate the initial metric fluctuations. The key fact is that the *comoving Hubble scale* (aH)<sup>-1</sup> shrinks dramatically during inflation. Perturbations on scales above or below (aH)<sup>-1</sup> behave very differently.

• They are preserved on super-horizon scales.



### Quantum fluctuations and the hubble scale

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At the same time quantum mechanics prevents a field from being perfectly homogeneous.



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- At the same time quantum mechanics prevents a field from being perfectly homogeneous. Even in vacuum state, quantum fluctuations are always present.



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**Our goal:** Predict the spectrum from quantum fluctuations after inflation



### 1. Sub-horizon perturbations during inflation

During slow-roll, and on sub-horizon scales: KG equation for the perturbation:

$$\varphi = \bar{\varphi}(t) + \delta\varphi(\mathbf{x}, t)$$

$$\delta\varphi_{\mathbf{k}}'' + 2\mathcal{H}\delta\varphi_{\mathbf{k}}' + k^2\delta\varphi_{\mathbf{k}} \simeq 0$$

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Through a change of variables:

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On sub-horizon scales

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f<sub>k</sub> behaves like a harmonic oscillator. Let's quantize it!

### 2. Quantize fluctuations and get vacuum statistics

Quick review of canonical quantization

1. Promote  $f_k$  to operator and split into ladder operators

$$\hat{f}_{\mathbf{k}}(\eta) = f_k(\eta)\hat{a}_{\mathbf{k}} + f_k^*(\eta)\hat{a}_{\mathbf{k}}^{\dagger}$$

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$$f_{k}(\eta) = \frac{e^{-ik\eta}}{\sqrt{2k}}$$

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- 3. Compute field's vacuum statistics

$$\langle \hat{f}_{\mathbf{k}} \rangle \equiv \langle 0 | \hat{f} | 0 \rangle = 0$$

$$\begin{split} \hat{f}_{\mathbf{k}}^{\dagger} \hat{f}_{\mathbf{k}'} \rangle &= \langle 0 | \hat{f}_{\mathbf{k}}^{\dagger} \hat{f}_{\mathbf{k}'} | 0 \rangle = \frac{2\pi^2 \Delta_f^2(k)}{k^3} (2\pi)^3 \delta^D(\mathbf{k} - \mathbf{k}') \\ \Delta_f^2(k) &= \left(\frac{k}{2\pi}\right)^2 - \end{split}$$
 Power spectrum

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The behavior of  $\delta \varphi_{\mathbf{k}}$  changes after k crosses the Hubble scale. Simplest strategy:

- 1. Relate  $\delta \varphi_{\mathbf{k}}$  to  $\boldsymbol{\mathcal{R}}_{\mathbf{k}}$  at horizon crossing.
- 2.  $\mathcal{R}_{k}$  is then preserved until it crosses back inside the horizon after inflation ends.
- 3. Relate  $\mathcal{R}_{\mathbf{k}}$  to all other perturbations of interest ( $\psi$ ,  $\delta$ ,  $\theta$ ...) through transfer functions.

$$\mathcal{R} \equiv -\phi - rac{\mathcal{H}(\psi' + \mathcal{H}\phi)}{4\pi G a^2 (\bar{
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Using  $\Delta_f^2(k) = \left(\frac{k}{2\pi}\right)^2$ , and evaluating at  $k = aH$ :  
 $\Delta_{\mathcal{R}}^2(k) = \left.\frac{1}{2M_{\text{Pl}}^2\varepsilon}\left(\frac{H}{2\pi}\right)^2\right|_{k=aH}$ ,

The primordial power spectrum

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During inflation, both H and  $\varepsilon$  vary very slowly. Spectrum is almost scale-invariant.

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Common parametrisation:

$$\Delta_{\mathcal{R}}^2(k) = A_s \left(\frac{k}{k_*}\right)^{n_s - 1}$$

A specific model does not provide a prediction for A<sub>s</sub>, but it does for n<sub>s</sub>:

$$n_s - 1 = -2\varepsilon - \eta$$

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Latest measurement from *Planck*:

$$n_s - 1 = -0.035 \pm 0.004$$

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### **Recombination and last scattering**

At early times, energetic photons prevent recombination



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Many free electrons ——— short mean-free path



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### When does recombination happen?

1. Wild guess: hydrogen ionisation potential  $\chi$ =13.6 eV.

$$1+z_{\rm rec}=rac{\chi}{k_BT_{\rm CMB}}\sim 5 imes 10^4$$
 Rad. domination?

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$$T_4 \equiv T/(10^4 \,\rm K) \quad \omega_b \equiv \Omega_b h^2$$

- 3. Non-equilibrium corrections due to:
  - Re-absorption
- Lyman- $\alpha$  resonant scattering

$x_e$	$z_{ m Saha}$	$z_{\mathrm{exact}}$
0.5	1370	1210
0.1	1250	980
0.01	1140	820

**Perturbations during recombination** 



### Perturbations during recombination

We need to solve for the evolution of 6 quantities:  $(\delta_c, \theta_c)$ ,  $(\delta_b, \theta_b)$ ,  $(\delta_\gamma, \theta_\gamma)$ ,  $\psi$ 

CDM baryons photons potential

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$$\delta_c' + \theta_c - 3\phi' = 0, \quad \theta_c' + \mathcal{H}\theta_c - k^2\psi = 0$$

DM uncoupled (except gravitationally)

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Baryon + photon fluid  $\delta'_{b} + \theta_{b} - 3\phi' = 0, \quad \theta'_{b} + \mathcal{H}\theta_{b} - k^{2}\psi = c_{s,b}^{2}k^{2}\delta_{b} + \frac{4\bar{\rho}_{\gamma}}{3\bar{\rho}_{b}}a n_{e} \sigma_{T}(\theta_{\gamma} - \theta_{b})$   $\delta'_{\gamma} + \frac{4}{3}\theta_{\gamma} - 4\phi' = 0 \quad \theta'_{\gamma} - k^{2}\psi = \frac{1}{4}k^{2}\delta_{\gamma} + a n_{e} \sigma_{T}(\theta_{b} - \theta_{\gamma}), \quad z < z_{rec}: \text{ single, tightly-coupled, viscous fluid}$   $c_{s} \sim 1/\sqrt{3} \longrightarrow \text{ Acoustic waves before recombination.}$ 

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$$\delta'_{\gamma} + \frac{4}{3}\theta_{\gamma} - 4\phi' = 0 \quad \theta'_{\gamma} - k^{2}\psi = \frac{1}{4}k^{2}\delta_{\gamma} + a \, n_{e} \, \sigma_{T}(\theta_{b} - \theta_{\gamma}) \stackrel{z < z_{rec}}{=} \text{ single, tightly-coupled, viscous fluid} \\ c_{s} \sim 1/\sqrt{3} \longrightarrow \text{ Acoustic waves before recombination.}$$

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Potential set mostly by DM <sup>(</sup> at recombination.

### **Temperature fluctuations**

Approximations:

- 1. Instantaneous recombination.
- 2. Temperature from frequency:



### **Temperature fluctuations**

Redshift in perturbed FRW (as we saw in tutorial):

$$\frac{\nu}{\nu_0} = 1 + z = \frac{1}{a} \left[ 1 - \psi + \psi_0 + \hat{\mathbf{n}} \cdot (\mathbf{v} - \mathbf{v}_0) + \int_{\eta_0}^{\eta} d\eta' \left(\phi' + \psi'\right) \right]$$

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Therefore:

$$\left. \frac{\delta T}{T} \right|_{0} = \left( \frac{\delta T}{T} + \psi - \hat{\mathbf{n}} \cdot \mathbf{v} \right)_{\text{rec}} + \int_{\eta_{\text{rec}}}^{\eta_{0}} d\eta (\phi' + \psi').$$

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Stefan-Boltzmann law:  $\rho_{\gamma} \propto T^4 \rightarrow \frac{\delta T}{T} = \frac{1}{4} \delta_{\gamma}$ 

$$\frac{\delta T}{T}(\hat{\mathbf{n}}) = \left(\frac{\delta_{\gamma}}{4} + \psi - \hat{\mathbf{n}} \cdot \mathbf{v}\right) (\eta_{\rm rec}, \chi_{\rm rec} \hat{\mathbf{n}}) + \int_{\eta_{\rm rec}}^{\eta_0} d\eta \, (\phi' + \psi')(\eta, \chi \hat{\mathbf{n}})$$

### **Temperature fluctuations**



#### ISW:

- Caused by time-varying potentials at early (R-dom) and late (Λ-dom) times.
- Effect on CMB  $C_{\ell}$  from early ISW.
- Late ISW detectable in cross-correlation with low-z probes.









**Peak structure** (height, frequency, position) governed by  $r_s$ ,  $d_A$ , relative baryon abundance  $f_b$ .



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**Peak structure** (height, frequency, position) governed by  $r_s$ ,  $d_A$ , relative baryon abundance  $f_h$ .

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- $\Omega_{\rm h}$ : peak height (through  $f_{\rm b}$ ) and frequency (through  $r_{\rm s}$ ).
- $\Omega_{m}^{-}$ : peak height (through  $f_{b}$ ), frequency (through  $r_{s}$ ), and positions (through  $d_{A}$ ).
- $\Omega_{k}^{m}$  or  $\Omega_{A}^{-}$ : peak positions (through  $d_{A}$ ).



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#### **Recommended references:**

- Durrer: "The Cosmic Microwave Background"
- Mukhanov: "Physical foundations of cosmology"
- Dodelson: "Modern cosmology"
- Ma & Bertschinger: "Cosmological perturbations"

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- b) **Perturbations from inflation.** Inflationary PT. Random fields. The primordial power spectrum.

#### Lesson 3: cosmological probes of structure

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CMB ultimately limited by 2D nature:

$$N_{\rm modes}^{2D} \propto \ell_{\rm max}^2$$

Can we study 3D matter fluctuations after recombination?

$$N_{
m modes}^{3D} \propto V k_{
m max}^3$$

#### After recombination:

- Dark matter overdensity keeps growing
- Baryons and photons decouple
- Baryons fall into potential wells set by dark matter
- Dark matter + baryons = non-relativistic matter

What does the matter power spectrum look like?

Evolution of perturbations depends on:

- Horizon scale
- Era (before or after R-M equality).

Key scale: horizon at equality  $k_{eq}$ 



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#### **Baryon effects:**

- Power decrement (baryons don't accrete before recombination).
- Baryon acoustic oscillations (standard ruler).

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Eventually  $\delta_{\mathbf{k}} \gtrsim 1$ . PT may help a bit, but it fails fairly quickly.



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#### **Consequences:**

- <u>Non-gaussianity</u>: information leaks into higher-order correlators.
- <u>Coupled evolution</u> of Fourier modes.
- <u>Scale-dependent growth</u>.

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Eventually  $\delta_k \gtrsim 1$ . PT may help a bit, but it fails fairly quickly. When does it fail? Useful quantity: overdensity variance



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 $\sigma(k_{\rm NL}, z) \equiv 1$ 

Avoiding non-linearities leads to severe limitations in constraining power, especially at z<1.

We must tackle non-linearities!



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# Outline

Lesson 1: background cosmology and Newtonian perturbations

- a) **Homogeneous cosmology.** The FRW metric. Distances and redshift. The Friedman Equation.
- b) **Newtonian perturbations.** The perturbation equations. Linear theory. Jeans equation and growth.
- c) **Relativistic perturbations.** Gauge-invariant PT. Hydrodynamic perturbations. Qualitative behavior.

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Main *direct* probe: gravitational lensing

**Weak lensing:** gravity causes only small variations to photon path.



### Weak lensing

Starting point: geodesic equation

$$\mathbf{x}(\eta) = -\hat{\mathbf{e}}_0 \int_{\eta}^{\eta_0} d\eta' \left(1 + \phi + \psi\right) - \int_{\eta}^{\eta_0} d\eta' (\eta' - \eta) \nabla_{\perp} (\phi + \psi)$$

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"Lensing potential"

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3. Flat-sky approximation (for simplicity):

$$f(\vec{\theta}) = \int \frac{d\mathbf{l}^2}{(2\pi)^2} e^{i\mathbf{l}\cdot\vec{\theta}}, \quad f_{\mathbf{l}} \equiv \int d\vec{\theta}^2 f(\hat{\mathbf{n}}) e^{-i\mathbf{l}\cdot\vec{\theta}}$$



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$$\mathsf{H} = \begin{pmatrix} \kappa + \gamma_1 & \gamma_2 \\ \gamma_2 & \kappa - \gamma_1, \end{pmatrix}$$
  
Shear can be transformed into convergence:  $\kappa_1 \equiv \gamma_{1,1} \frac{l_x^2 - l_y^2}{l_x^2 + l_y^2} + \gamma_{2,1} \frac{2l_x l_y}{l_x^2 + l_y^2}$ 

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Convergence can be related to matter overdensity:

$$\kappa(\hat{\mathbf{n}},\chi_s) = \frac{3}{2} H_0^2 \Omega_m \int_0^{\chi_s} d\chi \, \frac{\chi}{a(\chi)} \, \frac{\chi_s - \chi}{\chi_s} \, \delta(\chi \hat{\mathbf{n}},\eta)$$

### Probes: 1. Galaxy lensing

Lensing modifies galaxy ellipticity in a correlated manner

 $(\varepsilon_1, \varepsilon_2) = 2(\gamma_1, \gamma_2)$ 

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Lensing also changes galaxy positions and fluxes. Modification to galaxy overdensity:

$$\delta_g^\mu = (5s - 2)\kappa$$

"Magnification bias" /



### Probes: 2. CMB lensing

Lensing modifies the trajectories of CMB photons. The effect is second-order, but detectable at high significance.

$$\delta T(\vec{\theta}) = \delta T_u(\vec{\theta} - \delta \vec{\theta}) \simeq \delta T_u(\vec{\theta}) - \nabla_{\theta} \Phi_L(\vec{\theta}) \cdot \nabla_{\theta} \delta T_u(\vec{\theta})$$


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**Idea:** reconstruct  $\Phi_1$  from pairs of Fourier modes (quadratic estimator):

$$\hat{\Phi}_{L,\mathbf{L}} = \int \frac{d^2 \mathbf{l}}{(2\pi)^2} \delta T_{\mathbf{l}} \, \delta T_{\mathbf{l}-\mathbf{L}} \, g(\mathbf{l},\mathbf{L})$$



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Resulting map contains information about structure growth since recombination!



#### Fundamental physics from cosmology

1. CMB: primordial gravitational waves from B-mode polarization.

2. Large-scale structure: dark energy, massive neutrinos, primordial non-Gaussianity

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- 2. Large-scale structure: dark energy, massive neutrinos, primordial non-Gaussianity <u>Problems:</u>
  - Lensing: intrinsic galaxy alignments, AGN feedback
  - Galaxy clustering: how do galaxies relate to matter?
  - 21cm: Galactic foregrounds dominate by many orders of magnitude.

How will we believe a detection? Precise understanding of galaxy formation and evolution.

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