

Gravitational waves from phase transitions

2. Dynamics of first order phase transitions

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Outline

Recap: effective potential for first order phase transition

Dynamics of first-order phase transitions: outline

Bubble nucleation in detail

Hydrodynamics of bubble growth

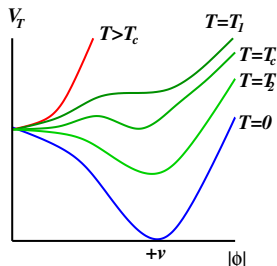
Summary

First order phase transition

Effective potential $V_T(\bar{\phi}) = V_0 + \Delta V_T$

$$\Delta V_T \simeq \frac{D}{2}(T^2 - T_2^2)|\bar{\phi}|^2 - \frac{A}{3}T|\bar{\phi}|^3 + \frac{\lambda}{4!}|\bar{\phi}|^4$$

- ▶ Second minimum develops at T_1
- ▶ **Critical temperature** T_c :
free energies are equal.
- ▶ System can **supercool** below T_c .
- ▶ **First order** transition
discontinuity in free energy



Scalar field coupled to relativistic fluid

Model of coupled order-parameter ϕ and fluid $T_f^{\mu\nu}$

$$\square\phi - V'_T(\phi) = \frac{dm^2}{d\bar{\phi}} \int \frac{\bar{d}^3 p}{2E} \Delta f(p, x) \quad \simeq \tilde{\eta} \frac{\phi^2}{T} (U \cdot \partial\phi)$$

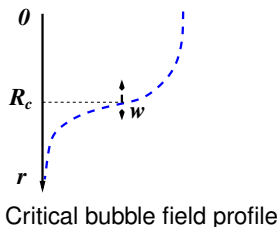
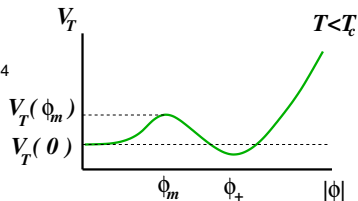
$$\partial_\mu T_f^{\mu\nu} + \partial^\nu\phi \frac{\partial V_T(\phi)}{\partial\phi} = -\partial^\nu\phi \frac{dm^2}{d\bar{\phi}} \int \frac{\bar{d}^3 p}{2E} \Delta f(p, x) \simeq \tilde{\eta} \frac{\phi^2}{T} (U \cdot \partial\phi) \partial^\nu\phi$$

Where $p = g_{\text{eff}}\pi^2 T^4/90 - V_T(\phi)$, $\Delta f(p, x) = f(p, x) - f^{\text{eq}}(p, x)$

Dynamics of first order phase transitions

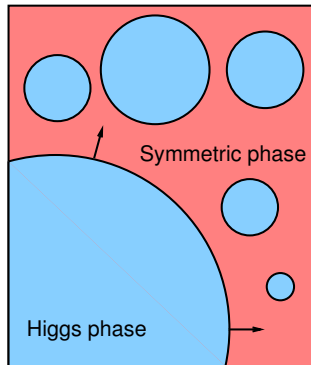
$$\Delta V_T \simeq \frac{D}{2}(T^2 - T_c^2)|\bar{\phi}|^2 - \frac{1}{3}AT|\bar{\phi}|^3 + \frac{1}{4}\lambda|\bar{\phi}|^4$$

- ▶ Below T_c , state $\phi = 0$ metastable
- ▶ Separated from equilibrium state by $B = V_T(\phi_m) - V_T(0)$
- ▶ Lowest energy path to equilibrium state via **critical bubble**
- ▶ Energy of critical bubble E_c
- ▶ Nucleation rate per unit volume (high T): $\Gamma/V \simeq T^4 \exp(-E_c/T)$



Transition via growth and merger of bubbles

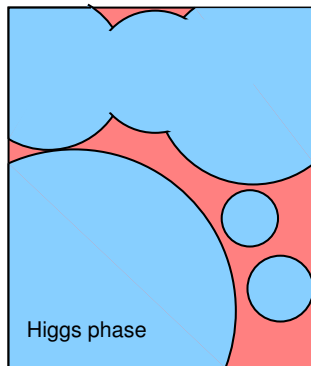
- ▶ Thermal fluctuations produce bubbles at rate/volume $\Gamma/V \simeq T^4 \exp(-E_c/T)$
- ▶ Bubbles growth speed v_w set by interaction with medium
- ▶ Bubble merger completes phase transition



◻

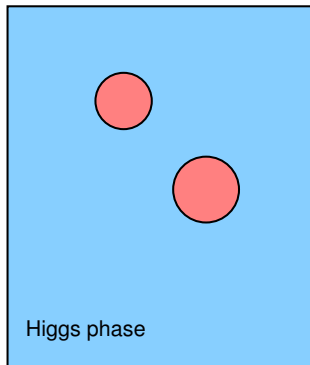
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Transition via growth and merger of bubbles

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◻

Electroweak phase transition & baryogenesis

Sakharov conditions for baryogenesis:

- ▶ **B violation:**
- ▶ **C and CP violation:** Antimatter excess violates C and CP
- ▶ **non-equilibrium:** \mathcal{B} processes reduce B asymmetry in equilibrium

Electroweak phase transition & baryogenesis

Sakharov conditions for baryogenesis:

- ▶ **B violation:** Electroweak theory has *unstable* topological defects – **sphalerons (S)**⁽¹⁾ Formation and decay of **S** results in change in **$B + L$** of left-handed fermions⁽²⁾
- ▶ **C and CP violation:** C violation automatic in SM. CP violation needs more than CKM at high T
- ▶ **non-equilibrium:** Supercooling at 1st order phase transition?

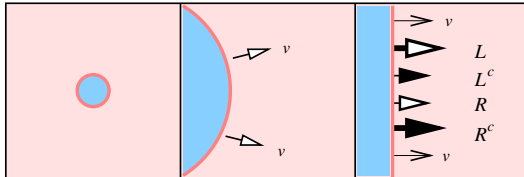
⁽¹⁾ Klinkhamer, Manton (1984)

⁽²⁾ Kuzmin, Rubakov, Shaposhnikov (1985)

(Hot) electroweak baryogenesis

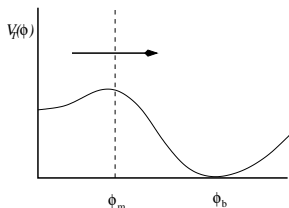
Mechanism:⁽³⁾

- ▶ CP-violation in bubble wall field profile
- ▶ CP-asymmetry in reflection of fermions
- ▶ Chiral asymmetry \rightarrow (Sphalerons) \rightarrow baryon asymmetry



⁽³⁾ [Cohen, Kaplan, Nelson 1991](#)

Thermal activation: particles in a potential



Simplify: particles in a potential V_T .

- ▶ Position ϕ
- ▶ momentum π
- ▶ Hamiltonian $H = \frac{1}{2}\pi^2 + V_T(\phi)$

What is flux across barrier Γ ?

$$\Gamma = \frac{1}{Z} \int d\pi d\phi e^{-\beta H} \delta(\phi - \phi_m) \pi \theta(\pi) = \frac{1}{Z} \frac{1}{\beta} e^{-\beta V_T(\phi_m)}$$

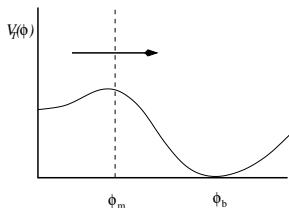
Evaluate Z by steepest descent; assume no particles near ϕ_b

$$Z = \int d\pi d\phi e^{-\beta H} = \frac{2\pi}{\beta \sqrt{V_T''(0)}} e^{-\beta V_T(0)}$$

$$\Gamma = \frac{\sqrt{V_T''(0)}}{2\pi} e^{-\beta \Delta V_T}$$

$\Delta V_T = V_T(\phi_m) - V_T(0)$ – barrier height

Thermal activation: imaginary part of the free energy



- ▶ Position ϕ
- ▶ momentum π
- ▶ Hamiltonian $H = \frac{1}{2}\pi^2 + V_T(\phi)$

What is free energy $F = -\ln Z/\beta$?

Evaluate Z by steepest descent, taking into account particles near ϕ_m

$$Z = \int d\pi d\phi e^{-\beta H} = \frac{2\pi}{\beta} \left(\frac{1}{\sqrt{V_T''(0)}} e^{-\beta V_T(0)} + \frac{1}{2} \frac{1}{\sqrt{V_T''(\phi_m)}} e^{-\beta V_T(\phi_m)} \right)$$

Second term is **imaginary**: $\text{Im } F = \frac{1}{2\beta} \frac{\sqrt{V_T''(0)}}{|V_T''(\phi_m)|} e^{-\beta \Delta V_T}$

Thermal activation rate $\Gamma = \frac{\beta \sqrt{V_T''(0)}}{\pi} \text{Im } F$ (steepest descent)

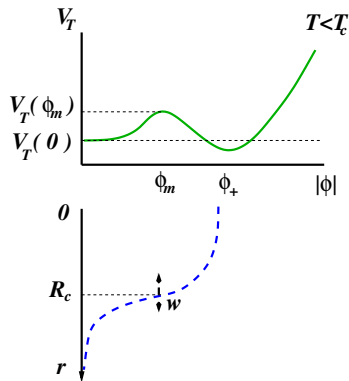
The critical bubble

Evaluate Z by steepest descent: $H = \int d^3x \left(\frac{1}{2}\pi^2 + \frac{1}{2}(\nabla\phi)^2 + V_T(\phi) \right)$

$$Z = \int \mathcal{D}\pi \mathcal{D}\phi e^{-\beta H[\pi, \phi]} = \mathcal{N} \mathcal{D}\phi e^{-\beta E[\phi]}$$

$$E[\phi] = \int d^3x \left(\frac{1}{2}(\nabla\phi)^2 + V_T(\phi) \right)$$

- ▶ Critical bubble $\phi_c(\mathbf{x})$ solves $\frac{\delta E[\phi]}{\delta \phi(\mathbf{x})} = 0$
- ▶ Spherically symmetric, radius R_c
- ▶ Energy E_c
- ▶ Activation rate $\Gamma \sim e^{-\beta E_c}$



The critical bubble

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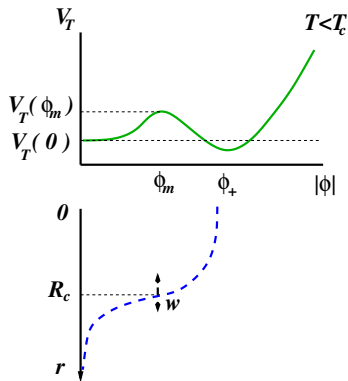
$$V_T = V_0 + \frac{D}{2} (T^2 - T_2^2) \phi^2 - \frac{1}{3} AT \phi^3 + \frac{1}{4} \lambda \phi^4$$

- ▶ Phase boundary surface energy

$$\sigma \simeq \phi_+^3 / \lambda$$

- ▶ Free energy difference

$$B = V_T(\phi_+) - V_T(0)$$



The critical bubble

Evaluate Z by steepest descent: $H = \int d^3x \left(\frac{1}{2} \pi^2 + \frac{1}{2} (\nabla \phi)^2 + V_T(\phi) \right)$

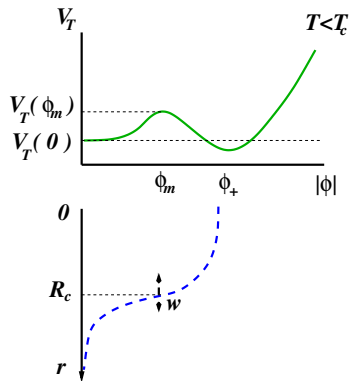
$$Z = \int \mathcal{D}\pi \mathcal{D}\phi e^{-\beta H[\pi, \phi]} = \mathcal{N} \mathcal{D}\phi e^{-\beta E[\phi]}$$

$$E[\phi] = \int d^3x \left(\frac{1}{2} (\nabla \phi)^2 + V_T(\phi) \right)$$

- ▶ Estimate (thin wall):

$$E_c \simeq -\frac{4\pi R_c^3}{3} B + 4\pi R_c^2 \sigma$$

- ▶ Critical bubble radius $R_c \simeq \sigma/B$
- ▶ Critical bubble energy $E_c \simeq \sigma^3/B^2$



Nucleation rate formula

Bubble nucleation rate **per unit volume**⁽⁴⁾

$$\Gamma \sim T \left(\frac{E_c}{2\pi T} \right)^{\frac{3}{2}} (V_T''(0))^{\frac{3}{2}} e^{-E_c/T}$$

Notes

- ▶ E_c is calculated relative to the energy density of the metastable state
- ▶ Bubbles with $R > R_c$ are unstable to growth
- ▶ In thin wall approximation $S = E_c/T \gg 1$
- ▶ $V_T''(0) = M_h^2$, Higgs mass squared

⁽⁴⁾Langer 1969, Linde 1976

Transition rate parameter

- ▶ Will show $S = E_c/T \gg 1$, can write

$$\Gamma(T) = \Gamma_0(T)e^{-S(T)}$$

- ▶ Transition rate is exponentially sensitive to the temperature
- ▶ Reference time t_r :
 - ▶ e.g. t_H tunnelling rate/volume = (Hubble rate)/(Hubble volume)
 - ▶ or another, see later

$$\Gamma(t) = \Gamma_r e^{-S'(t_r)(t-t_r)}$$

- ▶ Write $\beta = -S'(t_r)$ (this β is not temperature!⁽⁵⁾)
- ▶ β is the transition rate parameter (positive)
- ▶ $\beta \simeq -H \frac{dS}{d \ln(T)}$
- ▶ $\beta \gtrsim H$, otherwise universe stays in metastable state, and inflates forever

⁽⁵⁾Sorry about this terrible notation - it's conventional

Size of transition rate parameter β

What critical bubble energy is needed to get activation rate/volume $\Gamma \sim H^4$ at $T \sim 100$ GeV?

- ▶ $\Gamma \sim TM_h(T)^3 e^{-E_c/T} \sim H^4$
- ▶ Use Friedmann equation $H^2 \sim T^4/M_p^2$
- ▶ Result for $T \sim 10^2$ GeV: $S \equiv E_c/T \simeq \ln(M_p^4/T^4) \simeq 150$

What is the magnitude of the transition rate parameter β ?

- ▶ Transition rate parameter $\beta \simeq -H \frac{dS}{d \ln(T)} = HS - dE_c/dT$
- ▶ First guess: $\beta/H \sim S \sim 100$
- ▶ Recall expected GW frequency today:

$$f_0 \sim (\beta/H) 10^{-5} \text{ Hz}$$

- ▶ First order EW transition should emit GWs in LISA window

Fraction of universe in metastable phase $h(t)$

- ▶ Once nucleated, bubbles grow with constant speed v_w (see later)
- ▶ Volume of bubble nucleated at time t' : $V(t, t') = \frac{4\pi}{3} v_w^3 (t - t')^3$
- ▶ Number density of bubbles nucleated in $(t', t' + dt')$ is $dn(t') = \Gamma(t') dt'$
- ▶ Fractional volume occupied by bubbles (no overlaps):
 $dh(t, t') = \frac{4\pi}{3} v_w^3 (t - t')^3 dn(t')$
- ▶ Fractional volume in metastable phase, including overlaps

$$h(t) = \exp \left(- \int^t dt' \frac{4\pi}{3} v_w^3 (t - t')^3 \Gamma(t') dt' \right)$$

- ▶ Reference time t_f such that $h(t_f) = 1/e$, evaluate by steepest descent:

$$h(t) = \exp \left(-e^{\beta(t-t_f)} \right)$$

- ▶ Reference time satisfies $\frac{4\pi}{3} v_w^3 \left(\frac{3!}{\beta^4} \right) \Gamma_0 e^{-S(t_f)} = 1$. Note $t_f \gtrsim t_H$

Bubble density

- ▶ Bubbles can nucleate only in metastable phase
- ▶ In metastable phase rate/volume is $\Gamma_f = \Gamma_0 e^{-S(t_f)}$ at reference time.
- ▶ Nucleation rate averaged over both phases $\dot{n}_b(t') = \Gamma(t')h(t')$ so

$$n_b(t) = \int^t \Gamma(t')h(t')dt' = \Gamma_f \int^t e^{\beta(t'-t_f)} h(t')dt'$$

- ▶ Recall $\frac{4\pi}{3}v_w^3 (3!/\beta^4) \Gamma_f = 1$, and $h(t) = \exp(-e^{\beta(t-t_f)})$
- ▶ Hence

$$n_b(t) = -\frac{\Gamma_f}{\beta} \int^t dt' \frac{dh(t')}{dt'} = \frac{\Gamma_f}{\beta} (1 - h(t))$$

- ▶ Final bubble density

$$n_b = \frac{\Gamma_f}{\beta} = \frac{\beta^3}{8\pi v_w^3}$$

- ▶ Mean bubble separation

$$R_* = n_b^{-\frac{1}{3}} = (8\pi)^{\frac{1}{3}} v_w / \beta$$

Bubble wall speed

- ▶ Recall equation for scalar field

$$\square\phi - V_T'(\phi) \simeq \tilde{\eta} \frac{\phi^2}{T} (\mathbf{U} \cdot \partial\phi)$$

- ▶ Consider wall frame, where fluid moves with velocity $v^z \simeq -v_w$

$$(-\partial_t^2 + \partial_z^2)\phi - V_T'(\phi) \simeq -\tilde{\eta} \frac{\phi^2}{T} \gamma_w v_w \partial_z \phi$$

- ▶ Look for stable time-independent solution $\phi(z)$: constant wall speed
- ▶ Multiply both sides by $\partial_z \phi$ and integrate $\int dz$:

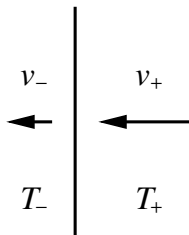
$$\Delta V_T = \tilde{\eta} \gamma_w v_w \frac{1}{T} \int dz \phi^2 (\partial_z \phi)^2$$

- ▶ Solve to get v_w (need to calculate $\tilde{\eta}$ from Boltzmann equation).
- ▶ Warning: $\tilde{\eta}$ depends on γ_w . Solutions may not exist (“runaway”).⁽⁶⁾

⁽⁶⁾ See Bodeker & Moore 2009, 2017

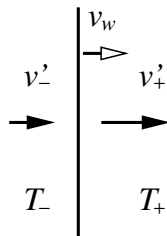
Fluid flow at bubble wall

- ▶ Approximate planar symmetry near wall. Wall motion in $+z$ direction



Wall frame

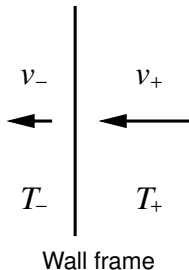
- ▶ Fluid motion in $-z$ direction
- ▶ Speeds $v_{\pm} > 0$



Universe frame

- ▶ Fluid motion in $+z$ direction
- ▶
$$v'_{\pm} = \frac{v_w - v_{\pm}}{1 - v_w v_{\pm}}$$

Energy-momentum conservation at bubble wall



- ▶ Fluid motion in $-z$ direction
- ▶ Speeds $v_{\pm} > 0$
- ▶ $T^{\mu\nu} = wU^{\mu}U^{\nu} + pg^{\mu\nu}$

- ▶ Energy-Momentum conservation:

$$\partial_t T^{tt} + \partial_z T^{zt} = 0$$

$$\partial_t T^{tz} + \partial_z T^{zz} = 0$$

- ▶ Assume steady state and integrate $\int dz$

$$T_{-}^{zt} = T_{+}^{zt}$$

$$T_{-}^{zz} = T_{+}^{zz}$$

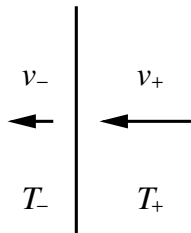
- ▶ Giving:

$$w_{-}\gamma_{-}^2 v_{-} = w_{+}\gamma_{+}^2 v_{+}$$

$$w_{-}\gamma_{-}^2 v_{-}^2 + p_{-} = w_{+}\gamma_{+}^2 v_{+}^2 + p_{+}$$

Bubble wall junction conditions

$$\text{EM conservation: } w_- \gamma_-^2 v_- = w_+ \gamma_+^2 v_+, \quad w_- \gamma_-^2 v_-^2 + p_- = w_+ \gamma_+^2 v_+^2 + p_+$$



Wall frame

- ▶ $T^{\mu\nu} = wU^\mu U^\nu + pg^{\mu\nu}$
- ▶ Enthalpy $w = e + p$

- ▶ Rearrange

$$v_+ v_- = \frac{p_+ - p_-}{e_+ - e_-}, \quad \frac{v_+}{v_-} = \frac{e_- + p_+}{e_+ + p_-}$$

- ▶ Define^a $\epsilon_\pm = \frac{1}{4}(e_\pm - 3p_\pm)$,
 $\epsilon = \epsilon_+ - \epsilon_-$
- ▶ Transition strength $\alpha_+ = \frac{4\epsilon}{3w_+}$
- ▶ Define $r = w_+/w_-$

$$v_+ v_- = \frac{1 - (1 - 3\alpha_+)r}{3 - 3(1 + \alpha_+)r},$$

$$\frac{v_+}{v_-} = \frac{3 + (1 - 3\alpha_+)r}{1 + 3(1 + \alpha_+)r}$$

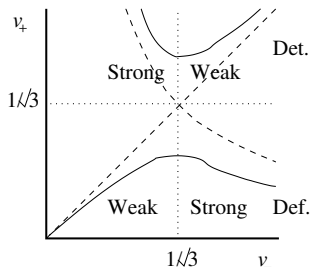
^a $\frac{1}{4}$ of trace anomaly, or “vacuum” energy

Solution: strong and weak, deflagrations and detonations

$$v_+ v_- = \frac{1 - (1 - 3\alpha_+)r}{3 - 3(1 + \alpha_+)r}, \quad \frac{v_+}{v_-} = \frac{3 + (1 - 3\alpha_+)r}{1 + 3(1 + \alpha_+)r}$$

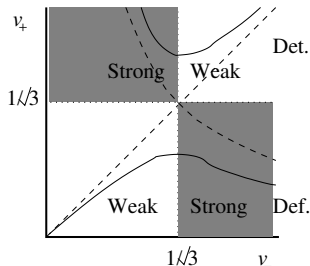
Solve for $v_+ = v_+(v_-, \alpha_+)$ [similar for $v_-(v_+, \alpha_+)$]

$$v_+ = \frac{1}{1 + \alpha_+} \left[\frac{v_-}{2} + \frac{1}{6v_-} \pm \sqrt{\left(\frac{v_-}{2} - \frac{1}{6v_-}\right)^2 + \frac{2}{3}\alpha_+ + \alpha_+^2} \right]$$



- ▶ Strong: v_+ and v_- on opposite sides of $\frac{1}{\sqrt{3}}$
- ▶ Weak: v_+ and v_- on same side of $\frac{1}{\sqrt{3}}$
- ▶ Detonation: $v_+ > \frac{1}{\sqrt{3}}$
- ▶ Deflagration: $v_+ < \frac{1}{\sqrt{3}}$

Deflagrations and detonations: general remarks



► Recall

$$\alpha_+ = \frac{4(\epsilon_+ - \epsilon_-)}{3w_+}, \quad r = \frac{w_+}{w_-}$$

- No strong deflagrations or detonations
- No deflagrations for $\alpha_+ > 1/3$
- Turning points at $v_- > \frac{1}{\sqrt{3}}$
- In bulk fluid $\alpha_+ = 0$, shocks obey

$$v_+ v_- = \frac{1}{3}, \quad \frac{v_+}{v_-} = \frac{3+r}{1+3r}$$

Similarity solution: equations for v and T

- ▶ Recall: $T^{\mu\nu} = wU^\mu U^\nu + pg^{\mu\nu}$
- ▶ Recall: EM conservation (away from wall): $\partial_\mu T^{\mu\nu} = 0$
- ▶ Project onto $U^\mu = \gamma(1, \mathbf{v})$ and $\bar{U}^\mu = \gamma(v, \hat{\mathbf{v}})$ ($\bar{U}^2 = +1$, $\bar{U} \cdot U = 0$)

$$U_\nu \partial_\mu T^{\mu\nu} = -\partial_\mu (wU^\mu) + U \cdot \partial p = 0$$

$$\bar{U}_\nu \partial_\mu T^{\mu\nu} = w\bar{U}^\nu U \cdot \partial U_\nu + \bar{U} \cdot \partial p = 0$$

- ▶ Bubbles spherical, radius $R = v_w t$ (take nucleation time $t' = 0$)
- ▶ Fluid velocity $\mathbf{v} = v(r, t)\hat{\mathbf{r}} \rightarrow v(\xi)\hat{\mathbf{r}}$, with $\xi = r/t$
- ▶ Speed of sound $c_s^2 = \frac{\partial p}{\partial T} / \frac{\partial e}{\partial T}$

$$\frac{dv}{d\xi} = 2 \frac{v}{\xi} \frac{1}{\gamma^2(1 - \xi v)(\mu^2/c_s^2 - 1)}$$

$$\frac{d}{d\xi} \ln(T/T_c) = \frac{\gamma^2(\xi - v)}{1 - \xi v} \frac{dv}{d\xi}$$

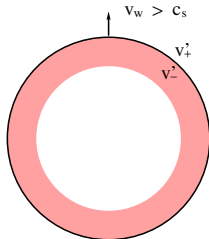
- ▶ $\mu = \frac{\xi - v}{1 - \xi v}$, fluid speed in expanding frames

Similarity solution: invariant profiles (solutions for $v(\xi)$, $T(\xi)$)

- ▶ Boundary conditions:
 - ▶ $v \rightarrow 0$ for $\xi \rightarrow 0, \infty$
 - ▶ $v \rightarrow v'_{\pm}$ for $\xi \rightarrow \xi_w \pm$ ⁽⁷⁾
- ▶ v'_{\pm} are fluid speeds just ahead/behind of bubble wall in universe frame
 - ▶ e.g. $v'_+ = \mu(\xi_w, v_+) = \frac{\xi_w - v_+(\xi_w, \alpha_+)}{1 - \xi_w v_+(\xi_w, \alpha_+)}$
- ▶ Intricate reasoning leads to three classes of solution:
 - ▶ Detonations
 - ▶ Deflagrations
 - ▶ Supersonic deflagrations (“hybrids”)

⁽⁷⁾Write ξ_w for wall speed to avoid too many vs

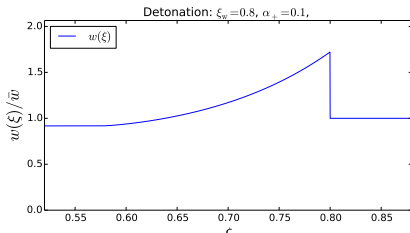
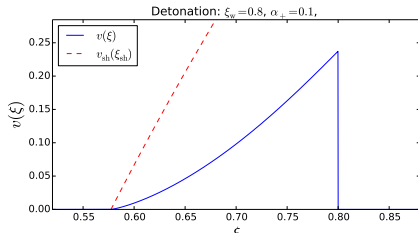
Detonations



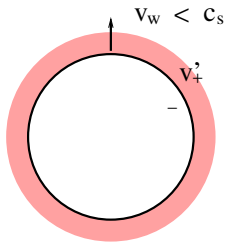
- ▶ Fluid at rest in front of wall $v_+^1 = 0$
- ▶ Fluid dragged out behind (rarefaction wave):

$$v_-^2 = \frac{\xi_w - v_-(\xi_w, \alpha_+)}{1 - \xi_w v_-(\xi_w, \alpha_+)}$$

- ▶ $v \rightarrow 0$ at $\xi = c_s$



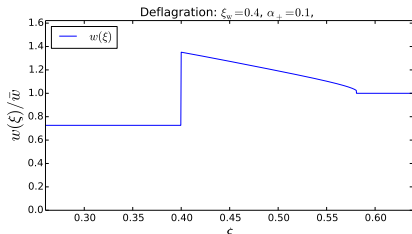
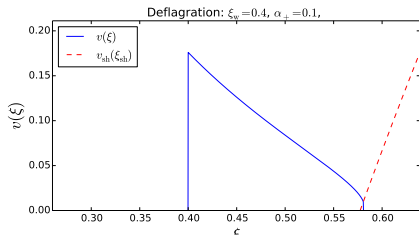
Deflagrations



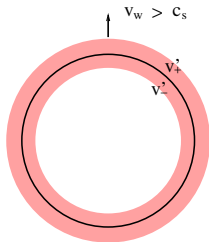
- ▶ Fluid at rest in behind wall $v'_- = 0$
- ▶ Fluid pushed out in front (compression wave):

$$v'_+ = \frac{\xi_w - v_+(\xi_w, \alpha_+)}{1 - \xi_w v_+(\xi_w, \alpha_+)}$$

- ▶ $v \rightarrow 0$ at $\xi = \xi_{sh}$
- ▶ For ξ_{sh} and $v(\xi_{sh})$, use $v_- = \frac{1}{3} \xi_{sh}$



Supersonic deflagrations (hybrids)

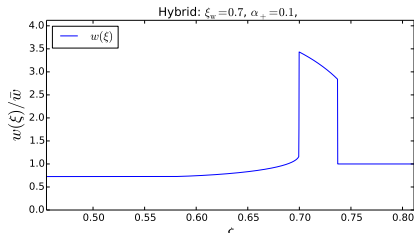
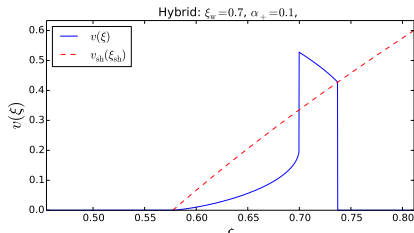


- ▶ Both compression and rarefaction

$$v'_+ = \frac{\xi_w - v_+(\xi_w, \alpha_+)}{1 - \xi_w v_+(\xi_w, \alpha_+)}$$

$$v'_- = \frac{\xi_w - c_s}{1 - \xi_w c_s}$$

- ▶ Behind wall $v_- = c_s$ (wall frame)



Conversion efficiency: vacuum energy to kinetic energy

- ▶ Kinetic energy of fluid $K = \int d^3x T_i^i$.
- ▶ Take ratio of kinetic energy of bubble to enthalpy of bubble

$$\frac{K}{W} = \frac{\int d^3x w \gamma^2 v^2}{\frac{4\pi}{3} R^3 \bar{w}}$$

- ▶ It's like a mean-square velocity for the fluid:

$$\frac{K}{W} \equiv \bar{U}_f^2 = \frac{3}{v_w^3 \bar{w}} \int d\xi \xi^2 w \gamma^2 v^2$$

- ▶ Strength parameter $\alpha = 4\epsilon/3\bar{w}$
“Vacuum” energy of metastable phase $\epsilon = (e_{\pm} - 3p_{\pm})/4$
- ▶ Define conversion **efficiency parameter** κ

$$\bar{U}_f^2 = \frac{3}{4} \alpha \kappa$$

Sound waves

Consider EM tensor for perturbations with z dependence only

$$T^{tt} = w\gamma^2 - p, \quad T^{tz} = w\gamma^2 v^z, \quad T^{zz} = w\gamma^2 (v^z)^2 + p$$

Perturbations: $\delta e = e - \bar{e}$, $\delta p = p - \bar{p}$, v^z all $\ll 1$

$$\partial_t T^{tt} + \partial_z T^{zt} = 0 \implies \partial_t(\delta e) + \bar{w}\partial_z v^z = 0 \quad (1)$$

$$\partial_t T^{tz} + \partial_z T^{zz} = 0 \implies \bar{w}\partial_t v^z + \partial_z(\delta p) = 0 \quad (2)$$

Note that δp and δe both depends temperature T : $\delta p = \left(\frac{\partial p}{\partial T} / \frac{\partial e}{\partial T}\right) \delta e = c_s^2 \delta e$

Hence equations (1) and (2) can be combined

$$\left(\partial_t^2 - c_s^2 \partial_z^2\right) v^z = 0, \quad \left(\partial_t^2 - c_s^2 \partial_z^2\right) \delta T = 0$$

Sound wave is a collective mode of fluid velocity v^i and temperature T .

It is longitudinal: v^i is in direction of travel of wave.

Summary

- Bubble nucleation rate/volume

$$\Gamma(T) = \Gamma_0(T) e^{-S(T)}$$

- Transition rate parameter β

$$\Gamma(t) = \Gamma_f e^{\beta(t-t_f)}$$

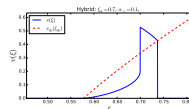
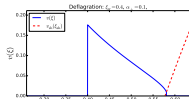
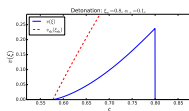
with $\frac{4\pi}{3} v_w^3 (3!/\beta^4) \Gamma_f = 1$

- Wall speed v_w
- Transition strength $\alpha_+ = \frac{4\epsilon}{3w_+}$

- Junction conditions ($r = w_+/w_-$)

$$v_+ v_- = \frac{1 - (1 - 3\alpha_+)r}{3 - 3(1 + \alpha_+)r}, \quad \frac{v_+}{v_-} = \frac{3 + (1 - 3\alpha_+)r}{1 + 3(1 + \alpha_+)r}$$

- Similarity solution for bubble growth: detonation, deflagration, hybrid
- Conversion efficiency κ



Reading

Relativistic hydrodynamics

- ▶ *Relativistic Hydrodynamics*, L. Rezzolla and O. Zanotti (OUP, 2013)
- ▶ *Fluid Mechanics*, L. Landau and Lifshitz ()

Bubble nucleation and growth

- ▶ *From Boltzmann equations to steady wall velocities*, T. Konstantin, G. Nardini, I. Rues [arXiv:1407.3132]
- ▶ *Energy Budget of Cosmological First-order Phase Transitions*, J.R. Espinosa, T. Konstantin, J.M. No, G. Servant [arXiv:1004.4187]
- ▶ *Bubble growth and droplet decay in cosmological phase transitions*, H. Kurki-Suonio, M. Laine [1996]
- ▶ *Nucleation and bubble growth in cosmological electroweak phase transitions*, K. Enqvist, J. Ignatius, K. Kajantie, K. Rummukainen []
- ▶ *Growth of bubbles in cosmological phase transitions*, J. Ignatius, K. Kajantie, H. Kurki-Suonio, M. Laine [arXiv:astro-ph/9309059]